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- 1 1. A system for converting and retrofitting a bicycle wheel having a tire with an inner cavity
- 2 engaged to a rim with an inner channel, comprising:
- a strip of rim tape disposed within said channel;
- a strip of sealing tape disposed within said channel, wherein said sealing tape completely
- 5 covers said rim tape; and
  - a liquid sealing compound disposed within said channel and said cavity.
    - 2. The system of claim 1, wherein said sealing compound comprises:
      - about 3 parts by volume liquid latex;
      - about 7 parts by volume water; and
      - about 6 parts by volume propylene glycol.
    - 3. The system of claim 1 further comprising a valve stem inserted through a predetermined portion of said rim tape, said sealing tape, and said rim tape.
- 4. The system of claim 2, wherein said sealing compound further comprises about .25 parts by
- 2 volume of an aggregate material.
  - 5. The system of claim 4, wherein said aggregate material comprises particles ranging in
- 2 diameter from about 0.15 millimeters to about 0.60 millimeters.

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- 1 6. The system of claim 4, wherein said aggregate material comprises commeal.
- 7. A compound for sealing punctures in a tubeless bicycle tire as they are formed, comprising:
- 2 about 3 parts by volume liquid latex;
- 3 about 7 parts by volume water; and
- 4 about 6 parts by volume propylene glycol.
- 1 8. The compound of claim 7, further comprising about .25 parts by volume of an aggregate
  2 material.
  - 9. The compound of claim 8, wherein said aggregate material comprises particles ranging in diameter from about 0.15 millimeters to about 0.60 millimeters.
  - 10. The compound of claim 9, wherein said aggregate material comprises cornmeal.

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- 1 11. A method for converting and retrofitting a bicycle wheel having a rim with a channel and opposing first and second ridges and a tire with a cavity and first and second opposing beads, comprising the steps of:
- 4 positioning a strip of sealing tape in said channel;
- 5 engaging said first bead with said first ridge;
- 6 injecting a predetermined amount of a sealing compound into said channel and said
- 7 cavity; and
  - engaging said second bead with said second ridge.
  - 12. The method of claim 11, further comprising installing a valve stem through said rim tape and said rim.
  - 13. The method of claim 11, further comprising inflating said tire and installing said tire on a bicycle.

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14. A system for converting and retrofitting a bicycle wheel having a tire with an inner cavity and opposing first and second beads engaged to a rim with an inner channel and first and second opposing ridges, said system comprising:

a rim strip having first and second outer edges separated by a median portion disposed within said channel, wherein said first and second outer edges engage said first and second beads and said first and second ridges;

a valve stem integrally formed with said rim strip and having a hole formed therethrough which is in communication with said inner cavity; and

a liquid sealing compound disposed within said channel and said cavity.

15. The system of claim 14, wherein the said first and second outer edges are thicker in cross-section that said median portion of said rim strip.

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